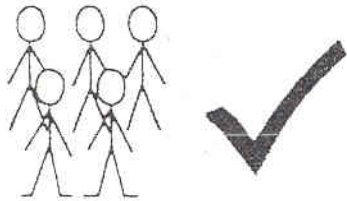


Good Health Group

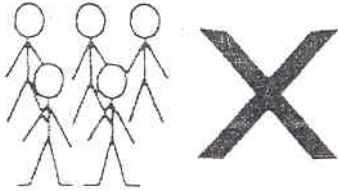
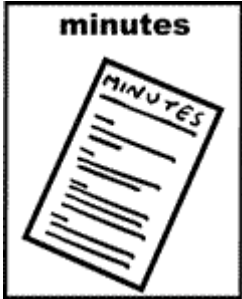



Wednesday 8th October 2008



Who is here?

Jackie Fleeman – Health Facilitator (Chair)
John & Kay Milton – Carers
Jane Beresford – Community Nurse Support Worker
Karen Peak – Student Nurse
Kay Morley - Ashgreen
Elaine Chapman – Community Nurse
Lisa Platts – Community Support Worker
Aish Palmer – Advocacy
Judith Taylor – Wheelchair Services
Michael Bradbury – Carer
Sarah Barnett - Health Facilitator
Lucy Bodoano – Whitemoor Day Centre
Melanie – Elected Rep
Carolyn Chittim – Newhall Day Centre
Richard Ward - Senior Physiotherapist
Gayna – Elected Rep
Julie – Elected Rep
Carol Anthony – Physiotherapist
Rebecca Walker – Wheelchair Services
Val Ault – Wheelchair Services

	<p>Jayne Kennedy – Community Nurse Katherine Rodgers – Derbyshire PCT Louise Rowe – Team Administrator (Minutes)</p>
 <p>Who is not here?</p>	<p>George Harvey – Carer Marsha Kerrigan – Speech & Language Therapist Rose Leatherland – Community Nurse</p>
	<p style="text-align: center;">Minutes from last time</p> <p>All agreed the minutes from last time were O.K.</p> <p>Leaflet for Carers Kay asked about a leaflet for carers about the health of people with learning disabilities. Louise Green from Derbyshire Carers has asked for a life plan book about where to go for help. Jackie has asked if we can add to the life plan book.</p>
	<p style="text-align: center;">Agenda items</p> <p>Wheelchair Services</p> <p>Val Ault, Judith Taylor and Rebecca Walker from Wheelchair Services came to the meeting to find out what people think is working well, and what people think is not working well.</p>



What is working well?

The staff from Wheelchair Services and Clarke's are very helpful.

What is not working well?

The waiting time is too long in South Derbyshire. People do not know how long they will have to wait, or where they are on the list. There are not enough clinics in the South. Communication is not always very good. Need to think about how wheelchairs fit on buses, and if carers can push them easily.

Val said Wheelchair Services gave a service based on need not on cost. Val agreed that there should be more clinics. There will be three extra clinics between now and the end of the year.

Val asked everyone to put in writing the problems they have, so they can be used to prove the need for more clinics.

There is a big difference between the service in the North and the South, this is because there are a lot more people in the South because it includes Derby City.

Team of the Year

Don't be a Couch Potato! has won an award in the Derbyshire Mental Health NHS Trusts Team of the Year Competition. The award is for health promotion. Well done to everyone involved.

questionnaire

QUESTIONNAIRE	
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Advocacy Form

Gaynor Ward told the group about the new advocacy form. This is to help make it easier for people and services who don't know how to get in touch with adults who have learning disabilities. They can fill in the form and send it to Aish Palmer at Derbyshire Advocacy. Aish will take any forms that are filled in to the best group to answer the questions or say what they think.

Some people will be asked what they think about things without Derbyshire Advocacy Service passing this onto them, that will still happen. This is another way to help find out what people with learning disabilities and their carers think about things like buildings, forms, and services. Julie will take a copy to Reps on Board, need to tell all Partnership Boards. A copy will be sent out with these minutes.

Health care for All. What can we do to help?

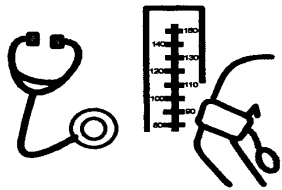
Everyone with a learning disability should have a check every year. Hospitals should be able to support people during their stay. They need help with communication, and better information.

Don't be a Couch Potato!

Next Wednesday the panel are visiting Whitemoor and then Holmewood to see what they have done. Bankcroft, Newhall and Ringwood have also booked a date for the panel to visit them. The lead person at each Day Service needs to be enthusiastic to keep things going.

Alternatives have been sent a gold award certificate.





check up

Aish showed the group photographs of when the Cooking Bus visited Wetherby. She also told the group about bikes for all abilities. John is helping to set up a cycling group at West Park.

Five senses tool

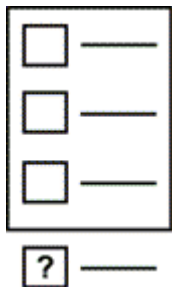
We will talk about this next time.

Health Checks

Everyone with a learning disability should have a health check every year. G. P.'s can now get £100 for every health check they do. They will need training to do health checks properly. They need to look at the things that the things that can be a problem for people with learning disabilities e.g. weight, feet, blood pressure, breathing, ears etc. People with learning disabilities should help with the training. People will need support to have the health checks. The Community Teams can help to support, there may be more money needed for extra workers.

PCT making Decisions Event

We will talk about this next time.

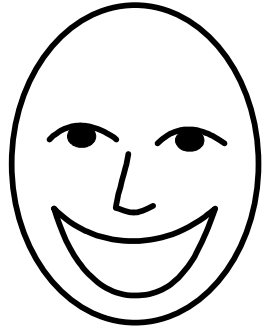


Anything else?

Good News

We all shared our good news.

Lisa has set up another swimming group at Staveley Healthy Living Centre. The pool has a moveable floor.

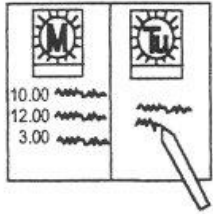


Jayne is trying to link up with Amber Valley Team staff to do health checks.

Richard told the group about the next Midland Games, which will be in June 2009 at Moorways in Derby.

John told the group about a Caribbean evening that his local group held. It was a good event, and they hope to have more.

Mel is going to Parliament with Julie on 29th October, to lobby about buses.



Next meeting

**Wednesday 19th November 2008, 10.00 o'clock
South Normanton Community Centre**